Study on the Practice of Online and Off-line Hybrid Teaching of Ideological and Political Theory Courses in Colleges and Universities Based on the Concept of Flipping Classroom

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Abstract: In recent years, great changes have taken place in China's educational undertakings. Under the impact of mobile internet, students' access to information has become diversified, and abundant learning resources make students become the protagonists of learning. Based on the idea of flipping classroom, the online and offline hybrid teaching mode has readjusted the time of students both inside and outside the classroom. Students can make full use of the fragmentation time, learn and consolidate knowledge, improve students' initiative and participation, and students can plan their own learning. This paper mainly analyzes the necessity of the reform of ideological and political theory curriculum in colleges and universities, and expounds the practical exploration and design of the online and offline hybrid teaching mode based on the concept of flipping curriculum.

1. Introduction

Ideological and political theory courses in Colleges and universities help students establish correct outlook on life and values. However, the teaching characteristics of Ideological and political theory course are single, dull and theoretical knowledge is strong. Students'enthusiasm and participation in the classroom are not high, which makes it difficult to improve the quality of classroom teaching. The political theory course is one of the compulsory courses for college students and has an important influence on the political thought and life of students. General Secretary Xi Jinping pointed out the importance of ideological and political courses in the ideological and political work conferences of colleges and universities and demanded persistence in innovation in reform. The rise of the mobile Internet has promoted the reform of China's education industry, and the means of information-based teaching has pointed out a new direction for education reform.

2. Necessity of Reforming the Course of Ideological and Political Theory in Colleges and Universities

The aim of higher education is to cultivate talents needed by society. Ideological and political theory course is one of the compulsory public courses for college students. The traditional ideological and political theory course is that teachers teach students according to the content of the textbook, and teachers are the main body of the classroom. Students passively accept knowledge, teaching effect is not obvious, in most cases, students review before the exam to cope with the exam. This can not achieve the effect of teaching, it is difficult to stimulate students'interest in learning. Most of the students in the ideological and political theory class show the phenomenon of bowing, do not take the initiative to speak and ask questions. On the contrary, most of the students are bowing their heads to play with their mobile phones, and their participation is not high and their interaction is not strong. To a certain extent, it has hampered the enthusiasm of teachers. The evaluation of students' learning ability by means of test paper assessment, the phenomenon of "high scores and low energy" is not in line with the goal of college students. Therefore, it is necessary to strengthen the reform of ideological and political theory courses in colleges and universities. In the

"Internet Plus" era, the channels for students to access information have become diverse. The rapid development of the mobile Internet is no longer dependent on the single model of acquiring knowledge in the classroom. The era of information explosion requires teachers to improve their teaching ability, learn to guide students to use fragmented time to learn knowledge, improve students' ability of independent learning, and cultivate students' comprehensive ability [1]. Learning can find resources from the Internet, access knowledge through multiple channels, and the teacher's teaching status changes from teaching to guiding students to learn. Under the wave of education reform, teachers in colleges and universities must strengthen their ability. Learn to make full use of teaching resources, using multimedia, whiteboard, flip classroom and so on. Assist in the completion of teaching tasks, online and offline combination. Adjust the structure of classroom teaching, improve the teaching program, improve the quality and level of teaching, enrich the content of classroom teaching, and stimulate students'learning enthusiasm. Teachers'attentions can be felt by students in class. Teachers'degree of preparing lessons can be shown intuitively from the content displayed in the classroom. The status between teachers and students has changed, and teachers play a guiding role. Students become the masters of the classroom to improve the efficiency of the classroom.

3. On the Practice of Online and Offline Hybrid Teaching Based on the Concept of Flipping Classroom

3.1 Establishing a Firm Belief in Educational Reform

The purpose of teaching and educating people in Colleges and universities is to cultivate talents needed by the society. Our country's science, technology and social environment are constantly changing. Education needs to keep pace with the development of the times and complete the training of talents needed by the society. Under the requirements of the new curriculum reform, colleges and universities should firmly adhere to the belief of educational reform. Teachers should set an example, change traditional teaching concepts, establish new teaching concepts and train comprehensive talents. Only when faith is firm can action be taken. Teachers'educational concept decides what kind of behavior to take. The traditional concept of education focuses on scores, while modern education requires educators to cultivate all-round talents and break the concept of evaluating students' quality by score. Flip the classroom, adjust the mode of the class, and break the inherent educational thinking. Without a firm belief, it is difficult for teachers to make up their minds and change the mode of education. Therefore, the change of education requires teachers to have a firm belief [2].

3.2 Improving the Literacy of Information-based Teaching

In the era of the big information explosion, teachers are required to master new information and be able to update the content of teaching in a timely manner. This requires teachers to be good at accepting new things and to be willing to accept electronic products and various teaching software. China is in a period of rapid development of information technology. Many old teachers have not been exposed to computers when they were young. The operation of computer is limited to the basic operation of office software, and other software is seldom applied. It is necessary to improve the quality of teachers'information-based teaching, learn to compile videos, and use the platform of Mu class to assist teaching and enrich the content of the classroom. In addition to teaching theoretical knowledge, can timely supplement the latest information, videos or pictures, audio, etc., can help students understand the ideological and political theory knowledge.

3.3 Changing the Role of Classroom

Mixed online and offline teaching requires teachers to change their roles. The protagonist of the classroom changes from teacher to student, stimulates students'interest in learning, and improves their initiative in learning. If students do not have the ability to learn actively and take action, it is difficult for them to learn in the flipped classroom. Students'active learning and independent

thinking play an important role in the flipped classroom. Strong support from parents, schools and the government can promote the implementation of flipped classroom, increase publicity efforts, and let more people accept the teaching mode of flipped classroom. The combination of online and offline methods is used to assist students in better acquiring knowledge and cultivating talents with all-round development. The key point of flipping the classroom is not only on the video, but more importantly, how to use the time of the class. Classroom learning and discussion require careful design by teachers. In the process of discussion and thinking, students improve the efficiency of learning in the process of "absorbing internalization".

4. Application and Design of Online and Offline Hybrid Teaching Model Based on the Concept of Flipping Classroom

4.1 The Application of Online and Offline Hybrid Teaching Model Based on the Concept of Flipping Classroom

The online and offline Hybrid Teaching of Ideological and political theory course in Colleges and Universities Based on the concept of flipped classroom is generally divided into two stages: "information transmission" and "assimilation internalization". As the first stage of learning, information transmission needs to be completed before class. Students make full use of their spare time to complete pre-class knowledge according to videos provided by teachers or information collected by themselves. Hold. "Absorption internalization" is the second stage of students'learning. Students make full use of classroom time to complete knowledge absorption and enhance classroom interaction through group discussions or direct communication with teachers. Teachers can understand the students' problems through the online class. The students can give guidance to the students in a targeted manner. They can make full use of the limited time in the class to answer questions for students and further explain them to help students deepen their memories and learn more. Good mastery of ideological and political theory. Classmates discuss each other, develop students' ability to think, and promote the internalization of knowledge [3].

Online teaching enables teachers to provide online platform resources for students through modern information technology and Internet platforms. Students are encouraged to use the time of fragmentation to complete the study of theoretical knowledge and develop students' ability to learn actively. Offline teaching refers to the targeted counseling of teachers in the classroom. According to the information feedback from the students, the difficulty and division of knowledge are further divided and further explained. The online and offline hybrid teaching mode is based on modern information technology as an auxiliary tool, relying on the main body of the traditional classroom to improve students' participation and enthusiasm. Teachers and students in the classroom can communicate face to face, teachers can intuitively feel the learning situation, and targeted counseling. Teaching students in accordance with their aptitude can improve the efficiency of teaching, and make use of modern information technology, micro-class, mu-class, online discussion and other ways to supplement the teaching of students. Classroom learning time is limited, the use of online and offline hybrid teaching can save time, broaden the level of knowledge of students, traditional teaching and modern information technology, complementary advantages, enrich the content of the classroom. Make the dull ideological and political theory classroom more attractive, prompting students to put down their mobile phones and raise their heads. Discuss ideas with classmates, increase interaction with teachers, and improve classroom learning efficiency. Online can facilitate teachers to record the results of assessment and the process of students'autonomous learning. Implementing the dual mode of online assessment and performance assessment, the diversification and scientificalization of assessment criteria can stimulate students to study actively [4].

4.2 Design of Online and Offline Hybrid Teaching Model Based on the Concept of Flipping Classroom

Teachers should design the mixed teaching mode according to the principles of teacher-led,

student-centered and decentralized. The course of Ideological and political theory plays an important role in establishing students'correct world outlook, outlook on life and values. Teachers should be the leading principle in the design of classroom teaching content. Under the guidance of teachers, organized and efficient discussions are carried out to ensure the efficiency of classroom learning. Avoid students talking about unrelated content in class and hinder other students from learning. The hybrid instructional design of online and offline combination is to improve students'participation, to activate the classroom atmosphere, and to provide students with a learning atmosphere. Whether the teaching effect is improved depends on whether the students'initiative is improved and their status is changed. Make students become the main body of the classroom, to a certain extent, force students to take the initiative to learn. Starting from students'interests, it provides interesting videos for students to learn, designs teaching plans scientifically and adjusts teaching methods flexibly. Focus on the interaction between students, teachers and students. Encourage students to actively learn online, actively participate in discussions offline, from passive learning to active learning. For example, in the "Mao" class, the classroom process is designed according to the content of each unit. After selecting the online teaching platform, the teachers and teachers arrange the content of the pre-class study and deliver the teaching tasks. Students complete the task of learning based on the videos provided by the teachers or by self-searching for each other's content. After completing the job indicators, the platform will make a corresponding record to record the student's progress and time of study. It is also possible to design a video that cannot be dragged, etc. The role of the teacher is to urge the student to complete the content of self-learning before class. A teaching assistant can be selected from the students to help the teacher complete the pre-teaching work. In the classroom teaching, the teacher can give a targeted explanation based on the content of the student feedback. Change the traditional teaching methods to help students deepen their understanding of theoretical knowledge. In turn, students' comprehensive ability is developed to complete the learning, migration and application of knowledge. Make heavy and difficult points to carry out unified explanations, save classroom time and improve learning efficiency. After class, teachers can carry out practical activities according to the content of the teaching. Students can also deepen their memory by watching the video again to complete further learning in one stage of "knowledge internalization" [5].

5. Conclusion

In summary, based on the idea of flipping classrooms, the online and offline mixed teaching mode of college ideological and political theory is a challenge and an opportunity for college ideological and political education. Improving students' learning ability and cultivating students' comprehensive quality are the ultimate goal of college education. Flipping the classroom is a learning opportunity for both teaching and students. On-line and off-line hybrid teaching combines the advantages of traditional teaching and modern information technology means to enrich the content of teaching. It makes the boring theoretical knowledge lively and interesting, and then stimulates students'interest in learning. This is an important reform of Ideological and political education and a test for teachers. It can accomplish the teaching of knowledge and the transformation of teaching subjects, which is of great benefit to students.

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